



San Luis Obispo County YMCA
We build strong kids,
strong families,
strong communities.

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FOR IMMEDIATE RELEASE

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YMCA OFFERS BALLROOM DANCING FOR BEGINNERS

Dance Workshop From The "Two Left Feet" Club

San Luis Obispo - Picture yourself and your partner floating around the ballroom floor with the grace of Fred Astaire and Ginger Rogers. If that is beyond your dreams, picture yourself dancing with your partner without tripping over each other's feet!

The San Luis Obispo County YMCA is offering a Ballroom Dance Workshop Friday, February 9, 2007 from 7PM to 8:30 PM at the Y's San Luis Obispo facility at 1020 Southwood Drive in San Luis Obispo. The workshop is open to YMCA members and the general public. Grab your dancing shoes and your friends and dance on down to the Y to learn in a fun, safe and supportive atmosphere. This evening of dancing is provided by the "Two Left Feet Club" with an emphasis on fun!

The Ballroom Dance Workshop begins with one-hour of dance instruction, followed by a free dance period to practice your moves and finishes off with healthy refreshments. All dance levels are welcome! Cost is only \$5.00 per person or \$8.00 per couple, and free for YMCA Facility Members.

For additional information visit the YMCA's website at www.sloymca.org or contact the YMCA at 543-8235 or via email at nasher@sloymca.org .

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