

Membership Benefits

- **Group Fitness Classes**
Over 50 per week
- **Arts, Music, and Language Classes**
- **Day-Use Lockers**
Monthly and annual rentals available
- **Fitness Equipment Orientation**
- **Cardiovascular Equipment**
- **Free Weights and Strength Machines**
- **3 Racquetball/Handball/ Wallyball Courts**
Advanced reservations available
- **Indoor Half-Court Basketball**
- **Access to the SLO Swim Center**
Over 35 hours of lap swim time per week plus aqua aerobics classes in a separate therapy pool
- **Kids Gym**
- **Dry-heat Suanas in locker rooms**
- **On-line Program Registration**



San Luis Obispo County YMCA
1020 Southwood Dr
San Luis Obispo, CA 93401
805-543-8235
www.sloymca.org

Health, Well-Being & Fitness
SAN LUIS OBISPO COUNTY YMCA



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FITNESS MEMBERSHIP



Hours

FITNESS FACILITY

Mon-Thurs	6am-9pm
Friday	6am-8pm
Saturday	8am-7pm
Sunday	11am-5pm

SWIM CENTER

Mon-Fri	6 am-8 am 11:30am-1:30pm 5:30-7:30pm
Saturday	6:30-8am 11:30am-1:30pm
Sunday	11:30am-1:30pm

KIDS GYM

Free to Kids Gym Members, \$5/day fee for non-members.

Monday & Friday	8:30am-12:30pm 4pm-7pm
Tuesday & Thursday	8:30am-11:30am
Saturday	9:30am-12:30pm

MEMBERSHIP FEES

Type	Joining	Monthly	Annual	Trial
Teen	\$35	\$19	\$205	\$25
STUDENT	\$75	\$35	\$378	\$48
ADULT (18-64)	\$85	\$38	\$410	\$52
SENIOR	\$70	\$35	\$378	\$47
SINGLE-ADULT FAMILY	\$125	\$48	\$518	\$69
SENIOR FAMILY	\$140	\$56	\$605	\$80
FAMILY	\$170	\$61	\$659	\$90

DAY PASSES/PUNCH CARDS

10 Visit Punch Card	\$50
Single Child Monthly	\$20
Multiple Children Monthly	\$30
Single Child Annual	\$216
Multiple Children Annual	\$324

OVERNIGHT LOCKERS

Monthly	\$5
Annual	\$54

Financial Assistance is available to individuals and families seeking to participate in YMCA programs, who would otherwise not be able to do so. Assistance is offered on a case by case basis, based upon financial ability. Applications are available at the front desk and on our website.

Annual Memberships
Save 10% off monthly rates

Quarterly and Semi-Annual Memberships are available for those who do not wish to pay using the EFT or CC Draft. Members who choose this option pay the monthly fee for 3 or 6 months as one lump sum.

Trial Memberships are good for up to the first 6 months of a new YMCA Membership and include the one-time join fee in the monthly fee. After 6 months at the Trial Membership rate, fees are automatically reduced to the monthly rate.



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Hours and fees are subject to change.