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**PHOTO OPPORTUNITY**  
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## **PHOTO OPPORTUNITY YMCA ANNUAL JUMP ROPE COMPETITION**

**What:** The San Luis Obispo County YMCA is hosting its 2<sup>nd</sup> Annual Jump Rope Competition for Y after-school participants. From Cambria to Grover Beach, jump rope teams have honed their skills in order to compete in this yearly event. Students will participate in a variety of categories and be judged on tricks, synchronicity, choreography, and athleticism. This event is an exciting way to bring fun and fitness to San Luis Obispo County school children. The competition will be fierce, with high speed jumps, and carefully choreographed routines set to music.

### **When & Where:**

**Saturday, April 16<sup>th</sup>, 2011 11:00 am to 2:00 pm**

Oceano Community Center, 1425 19<sup>th</sup> Street, Oceano

### **Some Saturday's Planned Activities Include:**

- 30 second timed jump and double-dutch jump
- 60 second timed jump and double-dutch jump
- Finale competition, jump rope routine set to music

**Why:** The Y is for youth development, healthy living, and social responsibility. In Y after-school programs, kids learn through age appropriate activities to develop leadership skills, character, physical fitness, and support their school work. It's through these programs that kids have fun in a safe and nurturing environment, and are encouraged to achieve health and well being for their spirit, mind, and body.

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